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Oropharyngeal dysphagia and its related health problems in Iranian elderly people: A scope of the work for future

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Abstract:

Introduction: The proportion of elderly people around the world is increasing. One of the key factors of this longer life is healthy aging. Iran is one among many countries with a changing demographic profile, due to the rapid increase in the aging population. One of the health threatening problems of elderly people is dysphagia. Dysphagia can affect 13 – 91% of elderly people around the world. The purpose of this article is to review the status of oropharyngeal dysphagia and its related health problems in Iran.

Methods: Databases in the English and Farsi languages were used. The inclusion criteria were relevant articles to dysphagia which had available online abstract or full text, were carried out in Iran and participants were aged ≥ 50 years. All duplicate articles, those restricted to esophageal dysphagia and case reports were excluded.

Results: A total of 2482 documents were screened. Only 3 articles were identified that were related to dysphagia in elderly people in Iran.

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