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Ethnopharmacological uses, phytochemistry, biological activities, and therapeutic applications of *Alpinia oxyphylla* Miquel: A review

Qiao Zhang[1], Yunliang Zheng[1], Xingjiang Hu[1], Xiaolong Hu[2], Wenwen Lv[3], Duo Lv[1], Jinjin Chen[1], Minglan Wu[1], Qichao Song[1], Jianzhong Shentu*[1]

[1]*Research Center for Clinical Pharmacy, State Key Laboratory for Diagnosis and Treatment of Infectious Disease, First Affiliated Hospital, College of Medicine, Zhejiang University, Hangzhou 310003, People's Republic of China*
[2]*State Key Laboratory of Natural Medicines, Department of Natural Medicinal Chemistry, China Pharmaceutical University, Nanjing 210009, China*
[3]*Pharmacy Department, Binzhou Medical University Hospital, Binzhou 256603, People's Republic of China*

*Corresponding author. Tel./fax: +0571 87236537. E-mail: stjz@zju.edu.cn (Jianzhong Shentu)

Abstract

Ethnopharmacological usages: Fructus *Alpiniae oxyphyllae* (*A. oxyphylla*) is an important medicinal plant that is used not only as an edible fruit, but also as an important traditional medicine for benefiting cognitive performance and alleviating a wide spectrum of diseases. Such as; warming kidney, securing essence and arresting polyuria, as well as warming the spleen and stopping diarrhea and saliva.

Aims: The purpose of this review is to provide updated, comprehensive and categorized information on the traditional uses, phytochemistry and pharmacological research of *A. oxyphylla* in order to explore their therapeutic potential and establish a solid foundation for directing future research.

Materials and methods: All the available information on *A. oxyphylla* was collected via electronic search (using Pubmed, SciFinder, Scirus, Google Scholar and Web of Science) and additionally a number of unpublished resources, (e.g. books, PhD and MSc dissertations, government reports).

Results: Phytochemical research on *A. oxyphylla* has led to the isolation of components such as essential oils, terpenes, diarylheptanoids, flavones, nucleobases and nucleosides, steroids and others. Crude extracts, fractions and phytochemical constituents isolated from *A. oxyphylla* showed a wide