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# Traditional medicines used by Q'eqchi' Maya to treat diabetic symptoms and their antiglycation potential

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## Abstract

### *Ethnopharmacological relevance:*

Because of the recent increase in type 2 diabetes and the need for complementary treatments in remote communities in many parts of the world, we undertook a study of treatments for diabetic symptoms used by traditional Q'eqchi' Maya healers of Belize. We used quantitative

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