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Therapeutic potentials of *Houttuynia cordata* Thunb. against inflammation and oxidative stress: A Review

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Abstract

Ethnopharmacological relevance

Houttuynia cordata Thunb. (Family: Saururaceae) is an herbaceous perennial plant that grows in moist and shady places. The plant is well known among the people of diverse cultures across Japan, Korea, China and North-East India for its medicinal properties.

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