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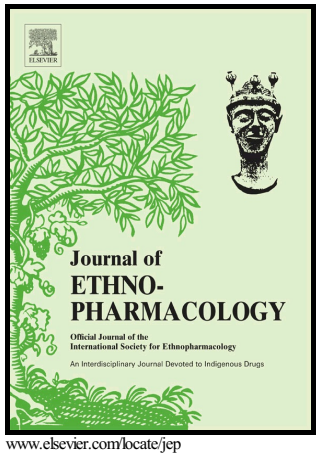

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Bitter gourd reduces elevated fasting plasma glucose levels in an intervention study among prediabetics in Tanzania

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Abstract

Ethnopharmacological relevance:

Impaired glucose tolerance and diabetes mellitus have become major health issues even in non-industrialized countries. As access to clinical management is often poor,

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