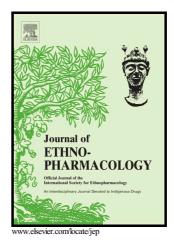
Author's Accepted Manuscript

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PII:S0378-8741(17)33484-0DOI:https://doi.org/10.1016/j.jep.2018.01.016Reference:JEP11192

To appear in: Journal of Ethnopharmacology

Received date: 21 September 2017 Revised date: 24 November 2017 Accepted date: 11 January 2018

Cite this article as: Michael B. Krawinkel, Christine Ludwig, Mark E. Swai, Ray-yu Yang, Kwok Pan Chun and Sandra D. Habicht, Bitter gourd reduces elevated fasting plasma glucose levels in an intervention study among prediabetics in Tanzania, *Journal of Ethnopharmacology*, https://doi.org/10.1016/j.jep.2018.01.016

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Bitter gourd reduces elevated fasting plasma glucose levels in an intervention study among prediabetics in Tanzania

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Abstract

Ethnopharmacological relevance:

Impaired glucose tolerance and diabetes mellitus have become major health issues even in non-industrialized countries. As access to clinical management is often poor,

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