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Original Research Article

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Abstract

Ethnopharmacological Relevance

Schisandrae Fructus (SF), the dried fruit of *Schisandra chinensis* (Turcz.) Baill., is a well-known traditional herb used in Asia for enhancing physical work capacity as well as providing anti-stress and anti-inflammatory effects. Extracts of SF (SFe) have also been reported to increase skeletal muscle mass

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