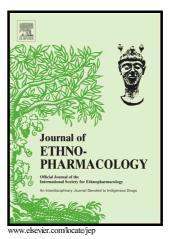
## Author's Accepted Manuscript

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### **ACCEPTED MANUSCRIPT**

#### **Original Research Article**

Muscle-protective effects of Schisandrae Fructus extracts in old mice after chronic forced exercise

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#### **Abstract**

#### **Ethnopharmacological Relevance**

Schisandrae Fructus (SF), the dried fruit of *Schisandra chinensis* (Turcz.) Baill., is a well-known traditional herb used in Asia for enhancing physical work capacity as well as providing anti-stress and anti-inflammatory effects. Extracts of SF (SFe) have also been reported to increase skeletal muscle mass

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