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Authors: Francesca Pistollato, Ruben Calderón Iglesias, Roberto Ruiz, Silvia Aparicio, Jorge Crespo, Luis Dzul Lopez, Piera Pia Manna, Francesca Giampieri, Maurizio Battino



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Review article

**Nutritional patterns associated with the maintenance of neurocognitive functions and the risk of dementia and Alzheimer's disease: a focus on human studies<sup>1</sup>**

Francesca Pistollato<sup>1</sup>, Ruben Calderón Iglesias<sup>1</sup>, Roberto Ruiz<sup>1</sup>, Silvia Aparicio<sup>1</sup>, Jorge Crespo<sup>1</sup>, Luis Dzul Lopez<sup>2</sup>, Piera Pia Manna,<sup>3</sup> Francesca Giampieri<sup>3\*</sup>, Maurizio Battino<sup>3\*</sup>

<sup>1</sup>Centre for Nutrition and Health, Universidad Europea del Atlántico (UEA), Santander, Spain.

<sup>2</sup>Universidad Internacional Iberoamericana (UNINI), Campeche, Mexico.

<sup>3</sup>Dipartimento di Scienze Cliniche Specialistiche ed Odontostomatologiche, Sez. Biochimica, Università Politecnica delle Marche, Ancona, Italy.

\*Corresponding authors: Prof. Maurizio Battino, Dipartimento di Scienze Cliniche Specialistiche ed Odontostomatologiche, Sez. Biochimica, Facoltà di Medicina, Università Politecnica delle Marche, Ancona, Italy, Tel: +39 071 2204646, email: [m.a.battino@univpm.it](mailto:m.a.battino@univpm.it). Dr. Francesca Giampieri, Dipartimento di Scienze Cliniche Specialistiche ed Odontostomatologiche, Sez. Biochimica, Facoltà di Medicina, Università Politecnica delle Marche, Ancona, Italy, email: [f.giampieri@univpm.it](mailto:f.giampieri@univpm.it)

Running title: Role of nutritional patterns in human neurocognition.

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