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**Prevalence of Binge Drinking During Pregnancy by Country and World Health Organization Region:  
Systematic Review and Meta-analysis**

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**Highlights**

- In 40% of countries, over a quarter of pregnant women who consumed alcohol binge drank
- The prevalence of binge drinking during pregnancy varies among countries, ranging from 0.2% to 13.9%
- The prevalence of binge drinking during pregnancy appears to have slightly decreased within the last 30 years

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