

Accepted Manuscript

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PII: S1360-8592(17)30135-3

DOI: [10.1016/j.jbmt.2017.06.011](https://doi.org/10.1016/j.jbmt.2017.06.011)

Reference: YJBMT 1558

To appear in: *Journal of Bodywork & Movement Therapies*

Received Date: 17 March 2017

Revised Date: 14 June 2017

Accepted Date: 19 June 2017

Please cite this article as: Ithamar, L., de Moura Filho, A.G., Benedetti Rodrigues, M.A., Duque Cortez, K.C., Machado, V.G., de Paiva Lima, C.R.O., Moretti, E., Lemos, A., Abdominal and pelvic floor electromyographic analysis during abdominal hypopressive gymnastics, *Journal of Bodywork & Movement Therapies* (2017), doi: 10.1016/j.jbmt.2017.06.011.

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**ABDOMINAL AND PELVIC FLOOR ELECTROMYOGRAPHIC ANALYSIS
DURING ABDOMINAL HYPOPRESSIVE GYMNASTICS**

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