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Rita B. Domingues

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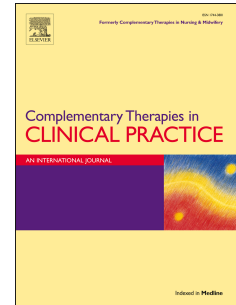
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Modern postural yoga as a mental health promoting tool: a systematic review

Rita B. Domingues^{1,2,*}

¹ Centre for Marine and Environmental Research (CIMA), University of Algarve, Campus de Gambelas, 8005-139 Faro, Portugal

² Research Centre for Spatial and Organizational Dynamics (CIEO), University of Algarve, Campus de Gambelas, 8005-139 Faro, Portugal

* corresponding author email: rbdomingues@ualg.pt

Conflict of interest statement

The author declares that she has no competing interests.

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