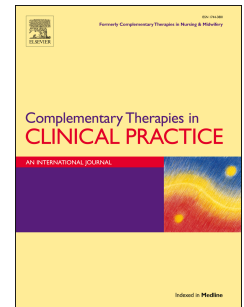


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Self-efficacy and embodiment associated with Alexander Technique lessons or with acupuncture sessions: A longitudinal qualitative sub-study within the ATLAS trial

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Self-efficacy and embodiment associated with Alexander Technique lessons or with acupuncture sessions: a longitudinal qualitative sub-study within the ATLAS trial

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Key words: Alexander Technique; Acupuncture; Chronic neck pain; Participant experience; Qualitative data

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