

Accepted Manuscript

Title: The effects of guided imagery on state and trait anxiety and sleep quality among patients receiving hemodialysis: a randomized controlled trial

Authors: Mohammad Afshar, Abbas Mohsenzadeh, Hamidreza Gilasi, Hamidreza Sadeghi-Gandomani



PII: S0965-2299(18)30062-1
DOI: <https://doi.org/10.1016/j.ctim.2018.07.006>
Reference: YCTIM 1873

To appear in: *Complementary Therapies in Medicine*

Received date: 19-1-2018
Revised date: 2-7-2018
Accepted date: 8-7-2018

Please cite this article as: Afshar M, Mohsenzadeh A, Gilasi H, Sadeghi-Gandomani H, The effects of guided imagery on state and trait anxiety and sleep quality among patients receiving hemodialysis: a randomized controlled trial, *Complementary Therapies in Medicine* (2018), <https://doi.org/10.1016/j.ctim.2018.07.006>

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

The effects of guided imagery on state and trait anxiety and sleep quality among patients receiving hemodialysis: a randomized controlled trial

Mohammad Afshar¹, Abbas Mohsenzadeh², Hamidreza Gilasi³, Hamidreza Sadeghi-Gandomani⁴,

1. Department of Operating Room, Faculty of Nursing and Midwifery, Kashan University of Medical Sciences, Kashan, Iran, Ph.D, Tel.: +98 3155540021, Fax: +98-3155546633, E-mail: afshar_m_1344@yahoo.com

2. Department of Medical Surgical Nursing, Faculty of Nursing and Midwifery, Kashan University of Medical Sciences, Kashan, Iran, MSc, Tel.: +98 3155540021, Fax: +98-3155546633, E-mail: abasmohsenzade@yahoo.com

3. Department of Public Health and Biostatistics, Faculty of Health, Kashan University of Medical Sciences, Kashan, Iran, Ph.D, Tel.: +98 3155540021, Fax: +98-3155546633, E-mail: hrgilasi@yahoo.com

4. Ph.D candidate in Nursing, Kashan University of Medical Sciences, Kashan, Iran, Mobile: +989132816115, Email: hamidsadeghi1366@gmail.com (Corresponding Author)

Address for Corresponding Author:

HamidrezaSadeghi-Gandomani, Department of Medical Surgical Nursing, Faculty of Nursing and Midwifery, Kashan University of Medical Sciences, Kashan, Iran, Ph.D, Tel.: +98 3834622647-+989132816115, Fax: +98-3155546633, E-mail: hamidsadeghi1366@gmail.com

NO.6, Dead End Besat, Blvd Azadi, Gandoman City, Borujen County, Iran, postal code:8878135834

Highlights

This study shows that guided imagery can have positive effects on anxiety and sleep quality among hemodialysis patients

ABSTRACT

Objective: This study aimed to investigate the effects of guided imagery on state and trait anxiety and sleep quality among hemodialysis patients.

Design: This was a randomized controlled trial. A total of seventy hemodialysis patients were assigned through block randomization to either an intervention group to receive guided imagery or a control group to receive routine care services.

Setting: The study was performed in the hemodialysis unit of Akhavan teaching hospital, Kashan, Iran.

Download English Version:

<https://daneshyari.com/en/article/8563224>

Download Persian Version:

<https://daneshyari.com/article/8563224>

[Daneshyari.com](https://daneshyari.com)