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Authors: S. Lucas, M. Leach, S. Kumar

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Complementary and alternative medicine utilisation for the management of acute respiratory tract infection in children: a systematic review.

Authors

- ¹S. Lucas, ² Dr. M. Leach, ³ Dr. S. Kumar
- ¹ Current PhD candidate, RN, ND, MNSc

School of Health Sciences, University of South Australia, Adelaide, South Australia, North Tce. Adelaide SA 5000, Australia. Email: sandra.lucas@mymail.unisa.edu.au

Department of Rural Health, University of South Australia Adelaide, South Australia, North Tce. Adelaide SA 5000, Australia. Email: Matthew.Leach@unisa.edu.au

School of Health Sciences, University of South Australia, Adelaide, South Australia, North Tce. Adelaide SA 5000, Australia. Email: Saravana.Kumar@unisa.edu.au

Corresponding Author

Sandra Lucas, School of Health Sciences, University of South Australia, Adelaide, South Australia. Telephone: 0488901240; Fax: 0883022853; Email: sandra.lucas@mymail.unisa.edu.au

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Highlights

- The use of complementary and alternative medicines is growing globally and one such field is acute respiratory tract infections (ARTI) in children;
- Despite its growth and popularity, to date, there has been no systematic mapping of what types of CAM are used to treat ARTI in children. This is an important knowledge gap to address.
- This systematic review, first of its kind, maps various CAM used to treat ARTI in children.
- A number on interesting findings emerge including huge diversity in the CAM used, the reliance on CAM which serve dual purpose (such as foods) and driven by local culture, context and access;
- Commonly used western CAM treatments for ARTI in children were not featured in the included literature

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