Accepted Manuscript

Title: Horticulture-related activities significantly reduce stress levels and salivary cortisol concentration of maladjusted elementary school children

Authors: Min Jung Lee, Wook Oh, Ja Soon Jang

PII: S0965-2299(17)30127-9

DOI: https://doi.org/10.1016/j.ctim.2018.01.004

Reference: YCTIM 1795

To appear in: Complementary Therapies in Medicine

Received date: 23-2-2017 Revised date: 6-11-2017 Accepted date: 4-1-2018

Please cite this article as: Lee Min Jung, Oh Wook, Jang Ja Soon. Horticulture-related activities significantly reduce stress levels and salivary cortisol concentration of maladjusted elementary school children. *Complementary Therapies in Medicine* https://doi.org/10.1016/j.ctim.2018.01.004

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ACCEPTED MANUSCRIPT

Horticulture-related Activities Significantly Reduce Stress Levels and Salivary Cortisol Concentration of Maladjusted Elementary School Children

Min Jung Lee¹, Wook Oh^{1, 2}, and Ja Soon Jang^{1,3*}

¹LED-IT Fusion Technology Research Center, Yeungnam University, Gyeongsan 712-749, Korea

²Department of Horticulture and Life Science, Yeungnam University, Gyeongsan 712-749, Korea

³Department of Electronic Engineering, Yeungnam University, Gyeongsan 712-749, Korea

This research was conducted under the industrial infrastructure program for fundamental technologies, which is funded by the Ministry of Trade, Industry & Energy (MOTIE, Korea).

*Corresponding author (E-mail: jsjang@ynu.ac.kr)

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