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MARY J. OGG, MSN, RN, CNOR

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### Purpose/Goal

To provide the learner with knowledge of AORN's guidelines related to bed bugs, warming irrigation fluids, fasting before surgery, and advanced cardiac life support requirements for perioperative nurses.

### **Objectives**

- 1. Discuss practices that could jeopardize safety in the perioperative area.
- 2. Discuss common areas of concern that relate to perioperative best practices.
- 3. Describe implementation of evidence-based practice in relation to perioperative nursing care.

#### Accreditation

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### **Approvals**

This program meets criteria for CNOR and CRNFA recertification, as well as other CE requirements.

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#### Conflict-of-Interest Disclosures

Mary J. Ogg, MSN, RN, CNOR, has no declared affiliation that could be perceived as posing a potential conflict of interest in the publication of this article.

The behavioral objectives for this program were created by Helen Starbuck Pashley, MA, BSN, CNOR, clinical editor, with consultation from Susan Bakewell, MS, RN-BC, director, Perioperative Education. Ms Starbuck Pashley and Ms Bakewell have no declared affiliations that could be perceived as posing potential conflicts of interest in the publication of this article.

### **Sponsorship or Commercial Support**

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https://doi.org/10.1016/j.aorn.2017.10.004





### THIS MONTH

Bed bugs

Key words: bed bugs, pest management, infestation, transmission.

Warming irrigation fluids

Key words: irrigation fluid, warming fluid, hypothermia, warming cabinet.

Fasting before surgery

Key words: fasting, NPO, liquids, solids.

Advanced cardiac life support requirements for perioperative nurses

Key words: advanced cardiac life support, ACLS certification, pediatric advanced life support, PALS

certification, basic life support.

### **Bed bugs**

#### **QUESTION:**

During the preoperative assessment, the RN noticed a series of bullous red spots on the patient's legs. Unsure what they might be, she consulted with the surgeon and contacted the infection preventionist. Suspecting bed bugs, the team inspected the patient's belongings and found bed bugs in the piping and seams of a small pillow she brought with her from the long-term care facility. What does

AORN recommend when bed bugs are found in the OR suite?

#### **ANSWER:**

When bed bugs are suspected, the first steps are to positively identify the insect, determine the area affected, consider chemical and nonchemical interventions, and assess the risk of noninfected areas to minimize future infestations. Bed bugs

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