

Accepted Manuscript

Effect of nutritional supplement combined with exercise intervention on sarcopenia in the elderly: A meta-analysis

Dan Luo, Zheng Lin, Sha Li, ShenJia Liu



PII: S2352-0132(17)30014-5

DOI: [10.1016/j.ijnss.2017.09.004](https://doi.org/10.1016/j.ijnss.2017.09.004)

Reference: IJNSS 278

To appear in: *International Journal of Nursing Sciences*

Received Date: 18 January 2017

Revised Date: 3 July 2017

Accepted Date: 27 September 2017

Please cite this article as: D. Luo, Z. Lin, S. Li, S. Liu, Effect of nutritional supplement combined with exercise intervention on sarcopenia in the elderly: A meta-analysis, *International Journal of Nursing Sciences* (2017), doi: 10.1016/j.ijnss.2017.09.004.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

The effect of nutrition supplementation in combination with exercise interventions on sarcopenic elderly--A systematic review and meta-analysis

Dan Luo¹, Zheng Lin ^{*1,2}, Sha Li¹, ShenJia Liu³

1.School of Nursing, Nanjing Medical University, Nanjing 210029,China

2.Administrative Department of Nursing, the First Affiliated Hospital of Nanjing Medical University, Nanjing, 210029

3.Information Technology Division, The Bank Of Jiangsu, Nanjing, 210029

* Corresponding author:

E-mail address: linzheng100@163.com

Aims and objectives: To explore whether nutritional supplement can improve the benefits of exercise intervention on sarcopenia elderly, we conduct a systematic review.

Methods: Databases including the PubMed, Embase, Cochrane Library, Web of Science, CINAHL, CBM, CNKI, WANFANG and VIP were searched. All related papers in databases from inception to July 19, 2016 applied RCT methodology were included. The tool “assessing risk of bias”

Download English Version:

<https://daneshyari.com/en/article/8571074>

Download Persian Version:

<https://daneshyari.com/article/8571074>

[Daneshyari.com](https://daneshyari.com)