

2018 Academy Member Benefits Update



THE ACADEMY OF NUTRITION and Dietetics (Academy) is the largest organization of food and nutrition experts in the world supporting more than 100,000 credentialed registered dietitian nutritionists (RDNs), nutrition and dietetics technicians, registered (NDTRs), and other food and nutrition practitioners holding undergraduate and advanced degrees in nutrition and dietetics, and students. As the organization looks to the future, we continue to recognize that the needs of our members are constantly evolving. The Academy responds to those needs with an ever-expanding lineup of benefits designed to serve members whose backgrounds, interests, skills, and experience span the entirety of our diverse and dynamic profession. For members who want to develop their skills, advance their careers, and achieve their professional goals, the Academy provides professional publications, networking opportunities, promotional tools, professional development resources, political advocacy, and cutting-edge research and practice materials. And that is just the tip of the iceberg. In fact, with a variety of new and improved offerings every year, it can be difficult to keep track of all of the benefits available to Academy members. To that end, this article provides an overview of some of the newest and most important resources we provide, with brief descriptions of each of them. And because we want nonmembers to see what they are missing, we

have made this article free to access through the *Journal of the Academy of Nutrition and Dietetics (Journal)* website at <http://jandonline.org/>.

Feel free to share it with a colleague or anyone else you think may qualify for Academy membership.

WEBSITES

www.eatright.org

The Academy's consumer education site, eatright.org, is filled with robust information that demonstrates why RDNs are the trusted source of food and nutrition information. Articles infuse nutrition information into every facet of food, fitness, and health, and support a healthy lifestyle for audiences at every life stage. The site's Multimedia News Center ensures that the Academy's vision—a world where all people thrive through the transformative power of food and nutrition—is met by providing the public with quality, evidence-based nutrition information through rich media formats.

www.eatrightPRO.org

Centered on members, eatrightPRO.org offers meaningful access to professional content, giving Academy members the tools and information to succeed in the field, and the resources to work with food and nutrition experts. With 24/7 access to scientific and evidence-based publications, articles, and tools, members stay at the forefront of dietetic research and policy initiatives, career trends, and leadership opportunities.

www.eatrightSTORE.org

The Academy offers an array of peer-reviewed and practice-related professional materials, as well as client and consumer education publications. Preferred member pricing on print and electronic formats ensure that these publications are available throughout every stage in your career.

PUBLICATIONS AND SUBSCRIPTIONS

Academy membership includes subscriptions to peer-reviewed and award-winning publications. In addition, members receive preferred pricing on scientific and practical information resources in print, electronic, and web-based formats.

Eat Right Weekly

A weekly e-newsletter providing members with access to career resources, research briefs, continuing professional education (CPE) opportunities, Academy updates, policy information, advocacy issues, and a variety of other news.

eatright eReader

Download the free eatright eReader app and then browse the eatright-STORE for a range of nutrition and dietetics eBooks for purchase. Academy eBooks include the research- and evidence-based content found in our print publications, plus the ability to add bookmarks, notes, and highlights.

Journal

The Academy's flagship publication is the premier source for information on the practice and science of food, nutrition, and dietetics. The monthly, peer-reviewed *Journal* presents original articles prepared by researchers and practitioners, offers free CPE opportunities, and is the most widely read professional publication in the field. The *Journal* features web-based archives dating back to 1993, online articles ahead of print, and iOS and android apps, as well as exclusive online material, including Topic Collections, educational presentation slides for selected articles, audio and video podcasts, and much more.

Food & Nutrition Magazine

The Academy's award-winning magazine emphasizes breaking news and trends in nutrition, diet, health,

This article was written by **Lilliane Smothers, CAE**, director, membership development; **Matthew Novotny**, manager, membership, honors, and recognition; and **Hannah Phelps Proctor**, manager, member and student relations, Academy of Nutrition and Dietetics, Chicago, IL.

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Nutrition Care Manual Products

Nutrition Care Manual (NCM) products are comprehensive online diet manuals and professional practice resources for RDNs, NDTRs, allied health professionals, and health care facilities. NCM products provide evidence- and knowledge-based nutrition information for hundreds of conditions for clients of all ages—from premature infants through aging adults. The manuals are purchased by annual subscription with preferred pricing for Academy members.

- **Nutrition Care Manual.** Created and peer-reviewed by specialty experts, the NCM contains information and resources for more than 200 conditions. Features include client education handouts, menu customization and analysis, calculators, and much more.
- **Pediatric Nutrition Care Manual.** The Pediatric NCM covers more than 80 major topics, including normal nutrition for all pediatric life stages, food allergies, nutrition support, neonatal care, developmental disabilities, and weight management.
- **Sports Nutrition Care Manual.** The Sports NCM provides easy access to research-based sports nutrition information on many topics such as vegetarian athletes, managing weight, hydration, meal planning, and nutrition for injury recovery and rehabilitation.

culinary arts, foodservice, sports nutrition, fitness, integrative nutrition, food safety, and other professional topics. Mailed bimonthly and available online, *Food & Nutrition Magazine* also delivers practice tips, resources for professional and personal growth, CPE opportunities, Academy news, and more.

MNT Provider

This free, monthly newsletter is among the Academy's essential practice

management resources and includes articles on topics such as billing, coding and coverage, practice and business management, changes in health care delivery and payment, Medicare, Medicaid, and private insurance reimbursement.

Nutrition and Dietetics SmartBrief

This daily e-mail provides information ranging from new nutrition research to breakthroughs in foodservice technology.

Student Scoop E-Newsletter

Student Scoop is the Academy's exclusive student member e-newsletter. Discover what other students are doing to gain nutrition and dietetics experience, read about preparing for internships, and learn about member benefits available to students.

CAREER RESOURCES

Membership provides you with access to a variety of career resources that help you take your career to the next level at any career stage—from student to seasoned professional.

2017 Compensation & Benefits Survey of the Dietetics Profession

Newly updated. This comprehensive electronic report details compensation for dozens of core RDN and NDTR jobs segmented by region, education, experience, supervisory responsibility, and much more. In addition, the online interactive Salary Calculator offers users an estimate of what practitioners with similar characteristics and in similar situations earn. These essential resources are free to members.

Career Starter Dues Program

The Career Starter Dues Program offers reduced dues rates for members in their first 5 years of Active category membership eligibility. The graduated dues are offered in a tiered structure based on your graduation date or RDN/NDTR eligibility date on file with the Commission on Dietetics Registration. Dues increase incrementally each year for up to 5 years to help you get established in the profession.

Dietetics Career Development Guide

Recently updated, this guide illustrates how students, educators, and practitioners, regardless of focus area, can attain increasing levels of knowledge and skill throughout a career. Members can access a collection of resources, including examples of educators and practitioners and their career decisions, videos of three RDNs and their career pathways, scenarios for career development and advancement, and various Career Toolbox resources from the Academy's website.

EatRight Careers

The Academy's online job board allows you to post your résumé, target your search by specialty or geographic location, respond directly to employer job listings, and receive e-mail alerts about new positions—all free of charge. When recruiting practitioners for your own organization, Academy members receive preferred pricing.

Find an Expert

The Academy's online referral service is free for Active category members representing their own private practice, group practice, or employer. Consumers and businesses search this site often to connect with members who provide expertise in food and nutrition.

Online Marketing Center

The Academy developed the online Marketing Center to provide you with the resources needed to improve your brand. It includes communication tips, ready-to-use presentations, Eat Right tip videos for your website, radio scripts, free stock photography, downloadable promotion flyers, information on enhancing your online presence, and much more.

POLICY INITIATIVES AND ADVOCACY

The Academy's office in Washington, DC, advocates for better nutrition policies, represents your interests in legislative and regulatory issues, and promotes you as the leading source of food and nutrition information.

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