## Author's Accepted Manuscript

TAI CHI FOR WORKPLACE WELLNESS: PILOT FEASIBILITY STUDY

B. Steinberg, L. Bartimole, D. Habash, M.A. Fristad



www.elsevier.com/locate/jsch

PII: S1550-8307(16)30229-4

http://dx.doi.org/10.1016/j.explore.2016.12.017 DOI:

Reference: JSCH2223

To appear in: Explore: The Journal of Science and Healing

Cite this article as: B. Steinberg, L. Bartimole, D. Habash and M.A. Fristad, TAI CHI FOR WORKPLACE WELLNESS: PILOT FEASIBILITY STUDY, Explore: The Journal Science Healing. of and http://dx.doi.org/10.1016/j.explore.2016.12.017

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting galley proof before it is published in its final citable form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

### **ACCEPTED MANUSCRIPT**

Tai Chi for Workplace Wellness: Pilot Feasibility Study

B. Steinberg, MS, RN<sup>1</sup>

L. Bartimole, BSC, CPT<sup>2</sup>

D. Habash, PhD, RD, LD<sup>1</sup>

M. A. Fristad, PhD, ABPP<sup>1,3</sup>

<sup>1</sup>The Ohio State University Wexner Medical Center Columbus, OH

<sup>2</sup>Shift Grandview, LLC Grandview Heights, OH

<sup>3</sup>Corresponding Author 1670 Upham Drive Suite 460G Columbus, OH 43210-1250 mary.fristad@osumc.edu 614-293-4572

#### Acknowledgements

The project described was supported by a grant from the local chapter of Women in Philanthropy, which had no role in the study design, implementation or manuscript preparation. Support also came from Award Number UL1TR001070 from the National Center for Advancing Translational Sciences. The content is solely the responsibility of the authors and does not necessarily represent the official views of the National Center for Advancing Translational Sciences or the National Institutes of Health. We gratefully acknowledge the in-kind support for nursing coverage provided by The Ohio State Wexner Medical Center. Tiffany Shader, MA provided statistical support, Christine Junk, MA provided administrative support and Holly Matesick, BSN provided logistical support.

Tai Chi for Workplace Wellness: Pilot Feasibility Study

#### Download English Version:

# https://daneshyari.com/en/article/8588590

Download Persian Version:

https://daneshyari.com/article/8588590

<u>Daneshyari.com</u>