

## Accepted Manuscript

Title: Relative Dearth of 'Sex Differences' Research in Sports Medicine

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PII: S1440-2440(17)31709-7  
DOI: <https://doi.org/10.1016/j.jsams.2017.10.028>  
Reference: JSAMS 1743

To appear in: *Journal of Science and Medicine in Sport*

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To appear in: *Journal of Science and Medicine in Sport*

Received date: 23-10-2017

Please cite this article as: Hewett Timothy E. Relative Dearth of 'Sex Differences' Research in Sports Medicine. *Journal of Science and Medicine in Sport* <https://doi.org/10.1016/j.jsams.2017.10.028>

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**Abstract**

A dearth of sex differences research exists in sports medicine. Although females now participate in sports medicine research, a disparity of representation still exists in the literature for female athletes. Additionally, a lack of sex difference reporting exists that ultimately leads to issues of relevancy to sex and scientific reproducibility. It is important for future research to address sex differences in research design, analysis, and report.

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