

## Accepted Manuscript

Title: Systematic review of the relationship between 20 m shuttle run performance and health indicators among children and youth

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PII: S1440-2440(17)30990-8  
DOI: <http://dx.doi.org/doi:10.1016/j.jsams.2017.08.002>  
Reference: JSAMS 1592

To appear in: *Journal of Science and Medicine in Sport*

Received date: 22-1-2017  
Revised date: 14-6-2017  
Accepted date: 1-8-2017

Please cite this article as: Lang Justin J, Belanger Kevin, Poitras Veronica, Janssen Ian, Tomkinson Grant R, Tremblay Mark S. Systematic review of the relationship between 20m shuttle run performance and health indicators among children and youth. *Journal of Science and Medicine in Sport* <http://dx.doi.org/10.1016/j.jsams.2017.08.002>

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# Systematic review of the relationship between 20 m shuttle run performance and health indicators among children and youth

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## Running title

20 m shuttle run test and health in children and youth

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## Keywords:

Cardiorespiratory endurance, aerobic fitness, adiposity, cardiometabolic biomarkers, cognition, PACER, beep test

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