Title: Greater ankle strength, anaerobic and aerobic capacity, and agility predict Ground Combat Military Occupational School graduation in female Marines

Authors: Katelyn Fleishman Allison, Karen A. Keenan, Meleesa F. Wohleber, Katherine A. Perlsweig, Erin R. Pletcher, Mita Lovalekar, Kim Beals, Lt. Col. Lawrence C. Coleman, Bradley C. Nindl

PII: S1440-2440(17)30993-3
DOI: http://dx.doi.org/10.1016/j.jsams.2017.08.005
Reference: JSAMS 1595

To appear in: *Journal of Science and Medicine in Sport*

Received date: 30-4-2017
Revised date: 3-8-2017
Accepted date: 13-8-2017

Please cite this article as: Allison Katelyn Fleishman, Keenan Karen A, Wohleber Meleesa F, Perlsweig Katherine A, Pletcher Erin R, Lovalekar Mita, Beals Kim, Coleman Lt Col Lawrence C, Nindl Bradley C.Greater ankle strength, anaerobic and aerobic capacity, and agility predict Ground Combat Military Occupational School graduation in female Marines.*Journal of Science and Medicine in Sport* http://dx.doi.org/10.1016/j.jsams.2017.08.005

Greater ankle strength, anaerobic and aerobic capacity, and agility predict Ground Combat Military Occupational School graduation in female Marines

Katelyn Fleishman Allison, PhD, ACSM EP-C[1]

Karen A. Keenan, PhD, ATC[1]

Meleesa F. Wohleber, DHSc, ATC[1]

Katherine A. Perlsweig, MS, ATC, CSCS[1]

Erin R. Pletcher, MS, ATC[1]

Mita Lovalekar, MBBS, PhD, MPH[1]

Kim Beals, PhD, RD, CSSD[1]

Lt. Col. Lawrence C. Coleman, USMC[2]

Bradley C. Nindl, PhD, FACSM[1]

[1]Neuromuscular Research Laboratory, Department of Sports Medicine and Nutrition, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh, PA

[2]United States Marine Corps, Quantico, VA

Corresponding Author: Katelyn Fleishman Allison
3860 South Water Street
Pittsburgh, PA 15203
Phone: 412-246-0460
Fax: 412-246-0461
katelyn.allison@pitt.edu

Women can serve in all military occupational specialties (MOS); however, musculoskeletal and physiological characteristics that predict successful completion of ground combat MOS schools by female Marines are unknown. **Objectives:** To determine which demographic, musculoskeletal, and physiological characteristics predict graduation from infantry and vehicle ground combat MOS schools in female Marines. **Design:**