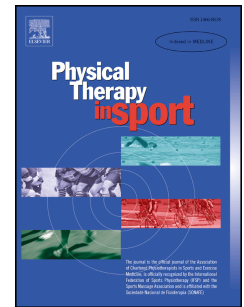


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The Functional Movement Screen and modified Star Excursion Balance Test as predictors of T-test agility performance in university rugby union and netball players

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Running Head: In-line lunge is related to T-test performance in university rugby union and netball players

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