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ADAPTATIONS OF LUMBAR BIOMECHANICS AFTER A FOUR-WEEK RUNNING TRAINING WITH MINIMALIST FOOTWEARTECHNIQUES: IMPLICATIONS FOR RUNNING-RELATED LOWER BACK PAIN

Szu-Ping Lee, Joshua P. Bailey, Jo Armour Smith, Stephanie Barton, David Brown, Talia Joyce

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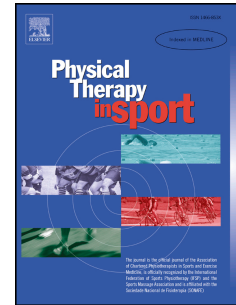
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ADAPTATIONS OF LUMBAR BIOMECHANICS AFTER A FOUR-WEEK RUNNING  
TRAINING WITH MINIMALIST FOOTWEAR AND TECHNIQUES:  
IMPLICATIONS FOR RUNNING-RELATED LOWER BACK PAIN

Szu-Ping Lee, PT, PhD<sup>1</sup>

Joshua P. Bailey, MS<sup>2</sup>

Jo Armour Smith, PT, PhD<sup>3</sup>

Stephanie Barton, DPT<sup>1</sup>

David Brown, DPT<sup>1</sup>

Talia Joyce, DPT<sup>1</sup>

<sup>1</sup>Department of Physical Therapy, University of Nevada, Las Vegas, Nevada, USA

<sup>2</sup>Department of Kinesiology & Nutritional Science, University of Nevada, Las Vegas, Nevada, USA

<sup>3</sup>Department of Physical Therapy, Chapman University, Orange, California, USA

Corresponding author:

Szu-Ping Lee, PT, PhD

Department of Physical Therapy, University of Nevada, Las Vegas

4505 S. Maryland Parkway, Box 453029, Las Vegas, NV 89154-3029, USA

Phone: (702)895-3086

Email: [szu-ping.lee@unlv.edu](mailto:szu-ping.lee@unlv.edu)

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