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Authors: Salvador Diaz-Miguel, Eva Lopezosa-Reca, Salomon Benhamu-Benhamu, Ana Belen Ortega-Avila, Raquel García-De-La-Peña, Gabriel Gijon-Nogueron



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Structural differences in the lower extremities in children aged 7-9 years, caused by playing football: a cross-sectional study

Salvador Diaz-Miguel¹MsC, Eva Lopezosa-Reca² Ph.D., Salomon Benhamu-Benhamu³ Ph.D, Ana Belen Ortega-Avila², Ph.D Raquel García-De-La-Peña³, Ph.D Gabriel Gijon-Nogueron² Ph.D

1 Private Podiatry Clinic. Cartama Estacion. Malaga. Spain

2 Department of Nursing and Podiatry. University of Malaga. Spain

3 Department of Podiatry. University of Seville. Spain

Corresponding author: Gabriel Gijon-Nogueron

Faculty of Health Sciences. Arquitecto Francisco Penalosa 3. Ampliacion de Campus de Teatinos. Malaga, 29071

gagijon@uma.es

Clinical Relevance

- The football not should considered a risk factor as regards altering the structural development of the limb
- The analysis of the whole limb values reflect a state of physiological harmony in both group

Abstract

Background: Physical activity during childhood can be beneficial in the long term. However, this practice can influence the child's physiological development. The aim of

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