

Accepted Manuscript

Title: A New HOPE? Lessons From HOPE-3

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PII: S0002-9343(17)31049-5

DOI: <https://doi.org/doi:10.1016/j.amjmed.2017.10.012>

Reference: AJM 14340

To appear in: *The American Journal of Medicine*



Please cite this article as: Travis M. Howard, Aakash A. Bavishi, Neil J. Stone, A New HOPE? Lessons From HOPE-3, *The American Journal of Medicine* (2017), <https://doi.org/doi:10.1016/j.amjmed.2017.10.012>.

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A New HOPE? Lessons from HOPE-3

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Key words: Statin; randomized controlled trial; HOPE-3; legacy effect; women; adherence

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CofI: None

- HOPE-3 demonstrated the effectiveness of statins in a diverse lower risk population, selected by metabolic risk factors and independent of serologic cutoffs.
- The high adherence among the statin arm provides insight into how providers can improve adherence among their own patients.
- Despite an insignificant decrease in CV events among women in HOPE-3, meta-analysis including prior RCTs still demonstrates significant benefit.
- HOPE-3 potentially supports the legacy effect of statins.

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