

Accepted Manuscript

Explicit education about exercise-induced hypoalgesia influences pain responses to acute exercise in healthy adults: A randomised controlled trial

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PII: S1526-5900(17)30658-2

DOI: [10.1016/j.jpain.2017.07.006](https://doi.org/10.1016/j.jpain.2017.07.006)

Reference: YJPAI 3447

To appear in: *Journal of Pain*

Received Date: 19 January 2017

Revised Date: 13 June 2017

Accepted Date: 11 July 2017

Please cite this article as: Jones MD, Valenzuela T, Booth J, Taylor JL, Barry BK, Explicit education about exercise-induced hypoalgesia influences pain responses to acute exercise in healthy adults: A randomised controlled trial, *Journal of Pain* (2017), doi: 10.1016/j.jpain.2017.07.006.

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18 **Running title:** Pain education alters exercise-induced hypoalgesia

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20 **Disclosures:** Support for this work was provided by a Program Grant (1055084) from the
21 National Health and Medical Research Council of Australia (NHMRC). M.D.J. and T.V. held
22 an Australian Postgraduate Award. J.L.T. held a NHMRC Research Fellowship. None of the
23 authors have conflicts of interest, financial or otherwise, to be declared.

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