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A pragmatic evaluation of symptom distress after group meditation for cancer patients and caregivers: a preliminary report.

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**TITLE PAGE**

A pragmatic evaluation of symptom distress after group meditation for cancer patients and caregivers: a preliminary report.

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**KEYWORDS:** Integrative Medicine; Meditation; Caregivers; Self-reported outcomes; Symptoms; Complementary Health Approaches

**Running Title:** Meditation for relief of symptom distress

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