

Accepted Manuscript

A pilot randomized controlled trial on the effects of a progressive exercise program on the range of motion and upper extremity grip strength in young adults with breast cancer

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PII: S1526-8209(17)30032-0

DOI: [10.1016/j.clbc.2017.06.007](https://doi.org/10.1016/j.clbc.2017.06.007)

Reference: CLBC 635

To appear in: *Clinical Breast Cancer*

Received Date: 6 February 2017

Revised Date: 2 June 2017

Accepted Date: 16 June 2017



Please cite this article as: Ibrahim M, Muanza T, Smirnow N, Sateren W, Fournier B, Kavan P, Palumbo M, Dalfen R, Dalzell M-A, A pilot randomized controlled trial on the effects of a progressive exercise program on the range of motion and upper extremity grip strength in young adults with breast cancer, *Clinical Breast Cancer* (2017), doi: 10.1016/j.clbc.2017.06.007.

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A pilot randomized controlled trial on the effects of a progressive exercise program on the range of motion and upper extremity grip strength in young adults with breast cancer

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