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#### Topical review

### Glial dysfunction and persistent neuropathic postsurgical pain



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#### HIGHLIGHTS

- Peripheral nerve injury can cause low-grade neuroinflammation.
- Low-grade neuroinflammation causes imbalance in the neuron–glia interaction.
- The disturbed neuron–glia interaction produces prolonged and exaggerated pain transmission.
- By targeting glial dysfunction instead of neurons, a new arena for the development of pharmacological agents is opened.

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#### ABSTRACT

**Background:** Acute pain in response to injury is an important mechanism that serves to protect living beings from harm. However, persistent pain remaining long after the injury has healed serves no useful purpose and is a disabling condition. Persistent postsurgical pain, which is pain that lasts more than 3 months after surgery, affects 10–50% of patients undergoing elective surgery. Many of these patients are affected by neuropathic pain which is characterised as a pain caused by lesion or disease in the somatosensory nervous system. When established, this type of pain is difficult to treat and new approaches for prevention and treatment are needed.

A possible contributing mechanism for the transition from acute physiological pain to persistent pain involves low-grade inflammation in the central nervous system (CNS), glial dysfunction and subsequently an imbalance in the neuron-glial interaction that causes enhanced and prolonged pain transmission.

**Aim:** This topical review aims to highlight the contribution that inflammatory activated glial cell dysfunction may have for the development of persistent pain.

**Method:** Relevant literature was searched for in PubMed.

**Results:** Immediately after an injury to a nerve ending in the periphery such as in surgery, the inflammatory cascade is activated and immunocompetent cells migrate to the site of injury. Macrophages infiltrate the injured nerve and cause an inflammatory reaction in the nerve cell. This reaction leads to microglia activation in the central nervous system and the release of pro-inflammatory cytokines that activate and alter astrocyte function. Once the astrocytes and microglia have become activated, they participate in the development, spread, and potentiation of low-grade neuroinflammation. The inflammatory activated glial cells exhibit cellular changes, and their communication to each other and to neurons is altered. This renders neurons more excitable and pain transmission is enhanced and prolonged.

Astrocyte dysfunction can be experimentally restored using the combined actions of a  $\mu$ -opioid receptor agonist, a  $\mu$ -opioid receptor antagonist, and an anti-epileptic agent. To find these agents we searched the literature for substances with possible anti-inflammatory properties that are usually used for other purposes in medicine. Inflammatory induced glial cell dysfunction is restorable in vitro by a combination of endomorphine-1, ultralow doses of naloxone and levetiracetam. Restoring inflammatory-activated glial cells, thereby restoring astrocyte–neuron interaction has the potential to affect pain transmission in neurons.

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**Conclusion:** Surgery causes inflammation at the site of injury. Peripheral nerve injury can cause low-grade inflammation in the CNS known as neuroinflammation. Low-grade neuroinflammation can cause an imbalance in the glial–neuron interaction and communication. This renders neurons more excitable and pain transmission is enhanced and prolonged. Astrocytic dysfunction can be restored in vitro by a combination of endomorphin-1, ultralow doses of naloxone and levetiracetam. This restoration is essential for the interaction between astrocytes and neurons and hence also for modulation of synaptic pain transmission.

**Implications:** Larger studies in clinical settings are needed before these findings can be applied in a clinical context. Potentially, by targeting inflammatory activated glial cells and not only neurons, a new arena for development of pharmacological agents for persistent pain is opened.

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# 1. Introduction: the clinical problem of persistent pain after surgery

Acute pain in response to injury is an important mechanism that serves to protect living beings from harm. The pain signals transmitted from the site of injury to the brain cause us to avoid harmful, noxious stimuli. However, severe pain that is sustained for a long time after the injury has healed serves no useful purpose and is a disabling condition. Persistent pain is devastating for individuals and causes substantial health impairment and significant social, financial, and work-related difficulties [1–3]. From a social point of view, persistent pain is a large burden and results in the use of extensive resources for sick leave, disability retirement, and rehabilitation.

Persistent postsurgical pain, which is often defined as pain that remains for 3 months or more after surgery, is the second most common cause of chronic pain after degenerative disease [4]. Recent reports regarding persistent postsurgical pain confirm that it is a complex and highly significant clinical problem [5–8]. A study that

included 2043 patients [9] demonstrated that 12% of patients who underwent an elective, mixed type of surgery developed moderate persistent postsurgical pain and 7% developed severe persistent postsurgical pain. Persistent postsurgical pain after a number of surgical procedures has been described, the prevalence of persistent postsurgical pain varies with the type of surgery, ranging from 50% for limb amputation, 30% for breast surgery, and 10% for hernia repair [5,10,11].

# 1.1. Neuropathic pain conditions in persistent postsurgical pain (PPP)

Persistent postsurgical pain is strongly associated with neuropathic pain [12,13]. Depending on the type of surgery, neuropathic pain is experienced by 3% (laparoscopic surgery) to 68% (breast surgery) of patients with persistent postsurgical pain. Neuropathic pain is characterised by lesion to or disease of the somatosensory nervous system [14,15]. It is recognised by pain that is distributed

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