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Influence of Prednisolone on Parameters of De Novo Lipogenesis and Indices for Stearoyl-CoA- and $\Delta 6$ - desaturase Activity in Healthy Males: A Post-hoc analysis of a Randomized, Placebo-Controlled, Double-Blind Trial

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Highlights

- Glucocorticoids increase the DNL index and SCD index in plasma of healthy young males.
- Glucocorticoids decrease the Δ -6 Desaturase index in plasma of healthy young males.
- The Glucocorticoid-induced fatty acid metabolism is related to insulin resistance.

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