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Beneficial effects of environmental enrichment on behavior, stress reactivity and synaptophysin / BDNF expression in hippocampus following early life stress

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Highlights

- We examined the interaction between MS and EE on behavior, neuroendocrine stress response and BDNF/SYN expression.
- EE protected against the MS-related increased anxiety and spatial memory impairments.
- EE decreased corticosterone levels in MS rats following exposure to an acute stressor.
- EE restored the downregulation of BDNF and SYN expression in MS rats.

Abstract

Exposure to environmental enrichment can beneficially influence the behavior and enhance synaptic plasticity. The aim of the present study was to investigate the