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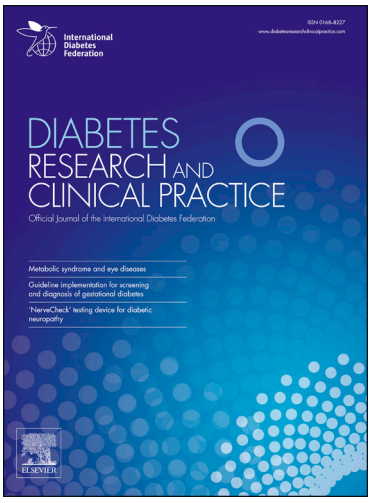

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Associations between barriers to self-care and diabetes complications among patients with type 2 diabetes

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Aims

To determine which barriers to care are associated with type 2 diabetes complications in an area in rural East England.

Methods

3,649 individuals with type 2 diabetes from 62 general practices were contacted via postal invitation which included a 33 item Barriers-to-Diabetes-Care Survey. Barriers were grouped into five priori major categories: educational, physical, psychological, psychosocial, and systems. The associations of reported barriers, both individually and as a group, with self-reported complications were assessed using logistic regression.

Results

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