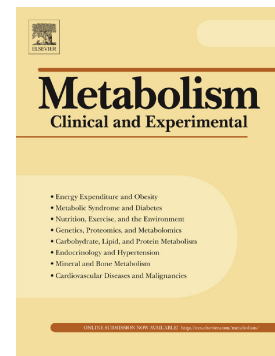


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A Whole-Grain Diet Reduces Peripheral Insulin Resistance and Improves Glucose Kinetics in Obese Adults: A Randomized-Controlled Trial

Steven K. Malin, Emily L. Kullman, Amanda R. Scelsi, Jacob M. Haus, Julianne Filion, Mangesh R. Pagadala, Jean-Philippe Godin, Sunil Kochhar, Alastair B. Ross, John P. Kirwan



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