



High efficient prokaryotic expression and purification of bioactive human growth hormone using a cleavable self-aggregating tag



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ABSTRACT

Human growth hormone (hGH) is synthesized by the anterior pituitary gland and promotes cell proliferation and growth. This protein has been authorized to use for the treatment of various human growth disorders and until recently, substantial efforts have been made to upgrade the previous introduced strategies. Due to the small size of hGH and absence of posttranslational modifications, *Escherichia coli* is the ideal host for hGH production. In the present work, we employed a previously established cleavable self-aggregating tag (cSAT) for the expression and purification of hGH in BL21 (DE3) strain of *E. coli* to evaluate its effectiveness. The tag is composed of a self-cleavable intein and a self-assembling peptide ELK16 (Mxe GyrA intein-ELK16). At the first step, an active insoluble aggregate of the recombinant hGH-Mxe GyrA intein-ELK16 fusion protein was expressed through an efficient T7 based expression system and then purified with a simple centrifugation. The thiol reagent dithiothreitol (DTT) was then added to induce the intein-mediated cleavage and as a result the peptide released into the soluble fraction. Afterward, the hGH production was determined by SDS-PAGE and then the final concentration of released hGH was measured by the Bradford assay (4.96 mg/ml). Furthermore, the bioactivity of purified hGHs was confirmed by calculating its growth-stimulating effect using Nb2 cell line proliferation assay. All in all, the current study offers a straightforward and fast procedure for the production of pure and bioactive hGH in *E. coli*.

1. Introduction

Human growth hormone (hGH), also recognized as somatotropin or somatropin, is an anionic, nonglycosylated, and four-helix-bundle single chain peptide which its predominant form contains 191 amino acid residues with a molecular mass of 22 kDa and functions chief roles in growth control, promotion of growth and development of cells, and regulation of several metabolic procedures. It is produced and secreted in a pulsatile way by the anterior pituitary gland and circulates in the bloodstream, physiologically maintains positive nitrogen balance and initiate protein synthesis in muscle cells, rises the amino acid uptake into skeletal muscle, regulates longitudinal bone growth, and also protects cardiac myocytes and lymphoid cells against apoptosis (Levarski et al., 2014; Nguyen et al., 2014; Zamani et al., 2015). Due to its variety of biological roles, hGH has been used in a wide range of therapeutic treatments such as hypopituitarism dwarfism, adult GH deficiency, chronic renal failure, skin burns, bleeding ulcers, bone fractures, HIV infection, genetic disorders such as Turner's syndrome and Down's syndrome since the middle of the 20th century (Tritos and

Mantzoros, 1998; Lindholm, 2006; Bolar et al., 2008; Ayyar, 2011; Franklin and Geffner, 2011; Zamani et al., 2015). hGH was historically scarcely isolated from cadaver pituitaries, therefore at first limiting its usage in therapeutic treatments. This required the development of substitute strategies to produce hGH with conserved native structure (Levarski et al., 2014; Nguyen et al., 2014). With the development of recombinant DNA technology, the hGH gene was cloned in 1979 and recombinant hGH was permitted for clinical use in 1985 (Martial et al., 1979; Kopchick, 2004; Lindholm, 2006).

Since endogenous hGH is a non-glycosylated protein, *Escherichia coli* (*E. coli*) is universally used as a straightforward, economical, and fast system to produce abundant recombinant hGH (Kim et al., 2013; Levarski et al., 2014; Zamani et al., 2015). In most cases, however, with overexpression of protein in *E. coli*, native proteins (without additional amino acid residues) are impossible to fold properly and be soluble in the cytoplasm of *E. coli* (Nguyen et al., 2014; Ma et al., 2016). Improving the solubility of hGH in *E. coli* is regularly attained by fusion of the target protein to a molecule partner such as His-tag, glutathione-S-transferase fragment and TNF α (Levarski et al., 2014; Nguyen et al.,

Abbreviations: hGH, human growth hormone; cSAT, cleavable Self-Aggregating Tag; DTT, dithiothreitol; *E. coli*, *Escherichia coli*; SDS-PAGE, sodium dodecyl sulfate-polyacrylamide gel electrophoresis; FBS, fetal bovine serum; HS, horse serum

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