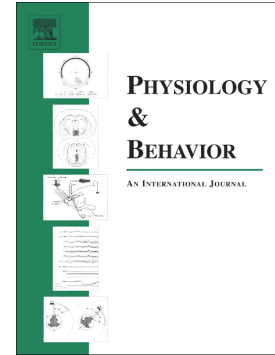


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**EFFECT OF GREEN TEA EXTRACT SUPPLEMENTATION ON EXERCISE-  
INDUCED DELAYED ONSET MUSCLE SORENESS AND MUSCULAR DAMAGE**

*Green tea supplementation and muscle damage*

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