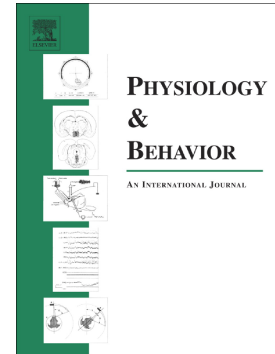


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Effects of Aerobic Training, Resistance Training, or Both on Brain-Derived Neurotrophic Factor in Adolescents with Obesity: the HEARTY randomized controlled trial

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