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Title: Dietary Nitrate Supplementation Opposes the Elevated Diaphragm Blood Flow in Chronic Heart Failure during Submaximal Exercise

Authors: Joshua R. Smith, Scott K. Ferguson, K. Sue Hageman, Craig A. Harms, David C. Poole, Timothy I. Musch

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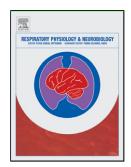
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Dietary Nitrate Supplementation Opposes the Elevated Diaphragm Blood Flow in Chronic Heart

Failure during Submaximal Exercise

Running title: Beetroot juice and diaphragm BF

Joshua R. Smith¹, Scott K. Ferguson^{1,2}, K. Sue Hageman², Craig A. Harms¹, David C. Poole^{1,2},

Timothy I. Musch^{1,2}

¹Department of Kinesiology, ²Department of Anatomy and Physiology, Kansas State University,

Manhattan, KS, 66506, USA

Corresponding author: Joshua R. Smith

Department of Cardiovascular Medicine

Mayo Clinic

200 First St SW

Rochester, MN

Email: smith.joshua1@mayo.edu

Highlights

• Chronic heart failure (CHF) leads to greater diaphragm blood flow (BF)

• Beetroot juice (BR) supplementation lowers the oxygen cost of exercise

• We examined if BR supplementation attenuated the diaphragm BF response in CHF rats

• Submaximal exercise diaphragm BF was lower after BR supplementation in CHF rats

Abstract

Chronic heart failure (CHF) results in a greater cost of breathing and necessitates an elevated

diaphragm blood flow (BF). Dietary nitrate (NO₃⁻) supplementation lowers the cost of exercise.

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