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Perivalvular Mitral Abscess Fistulised to the Pericardial Cavity Revealing Staphylococcal Endocarditis

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Background	Fistula to the pericardial cavity is a very rare complication of perivalvular abscess during infective endocarditis, with <i>Staphylococcus aureus</i> being the most commonly associated microorganism.
Methods	We report a fatal septic shock due to a mitral endocarditis revealed by a myocardial abscess fistulised toward the pericardial cavity.
Results	A 66-year-old female without previous valvular disease was admitted to intensive care for severe sepsis. A few hours after admission, an unexpected cardiac arrest occurred. Chest computed tomographic (CT)-scan and transoesophageal echocardiography revealed a pericardial effusion due to a perivalvular mitral abscess fistulised toward the pericardial cavity. Despite prompt management including surgical debridement and appropriate antibiotics, death occurred 36 hours after intensive care admission. All blood cultures as well as native mitral valve and pericardial fluid grew methicillin-sensitive <i>Staphylococcus aureus</i> .
Conclusions	Intensivists should consider this rare complication in patients with Staphylococcal infective endocarditis and perivalvular abscess.
Keywords	Infective endocarditis • Perivalvular abscess • Myocardial fistula • Staphylococcus aureus • Pericarditis

Introduction

We report a fatal septic shock due to a mitral endocarditis revealed by a myocardial abscess fistulised toward the pericardial cavity in a 66-year-old female without previously known cardiac or valvular disease. This infectious event occurred 8 days after a planned colonic surgery. Despite a prompt management including surgical debridement and appropriate antibiotics, death occurred 36 hours after intensive care unit admission.

Case Report

A 66-year-old female without previously known cardiac or valvular disease was admitted to the intensive care unit (ICU) for severe sepsis occurring 8 days after a planned surgery for restoration of colonic continuity. Upon ICU admission, she was febrile (38.6 °C), hypotensive (80/40 mmHg) and somnolent. However, she responded correctly to orders and there was no sign of focalisation. She was eupneic while breathing room air but she had

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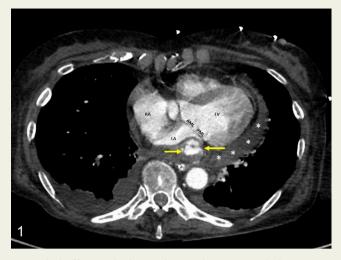


Figure 1 CT-scan revealing a pericardial effusion (***) together with a myocardial 3 cm mass protruding in the left atrium (yellow arrows) compatible with a perivalvular myocardial abscess with pseudoaneurysm. Abbreviations

AML: Anterior Mitral Leaflet; PML: Posterior Mitral Leaflet; RA: Right Atrium; LA: Left Atrium; RV: Right Ventricle; LV: Left Ventricle; CT: Computed tomography.

bilateral pulmonary rhonchi. Abdominal examination was unremarkable. The surgical scar was inflammatory but not purulent. No lymphangitis was noticed. The patient did not have any central venous catheter device. Cardiac auscultation did not reveal any heart murmur. Chest-X ray and electrocardiogram did not reveal any abnormality. An abdominopelvic computed tomographic (CT)-scan with intravenous contrast did not show any peritoneal effusion, collection or mesenteric ischaemia. Transthoracic echocardiography (TTE) did not find any valvular regurgitation, vegetation nor pericardial effusion. A blood culture drawn 8 hours before ICU-admission at the surgical ward grew Staphyloccoccus (identification and susceptibility were unknown at this moment). The patient was treated with piperacilline-tazobactam (16 g/d, continuous intravenous infusions) and vancomycin (15 mg/kg followed by 30 mg/ 07 kg/d).

Twelve hours after ICU-admission, as the patient was under low dose (0.2 mg/h) of norepinephrin, an unexpected cardiac arrest occurred due to pulseless electrical activity. After return to spontaneous circulation with intravenous bolus of epinephrine and tracheal intubation, a second CT-scan was performed and revealed a pericardial effusion (absent on the first CT-scan performed 12 hours earlier at ICU-admission) together with a myocardial 3 cm mass protruding in the left atrium (Figure 1). Abdominopelvic CT-scan remained unremarkable without sign of peritonitis. Brain CT-scan with contrast injection was normal. Transoesophageal echocardiography (TEE) founded an 8 mm mobile vegetation on the atrial side of the posterior mitral leaflet and confirmed the presence of the myocardial mass visible on CT-scan (Figure 2a and online resource 1), which was compatible with a myocardial abscess with

pseudoaneurysm. Transoesophageal echocardiography with colour Doppler also revealed a perforation of the left ventricular free wall under the posterior mitral leaflet with a 5 mm diameter fistula toward the pericardial cavity (Figure 2b and online resource 1). An intravenous bolus of gentamicin (6 mg/kg) was added and the patient was transferred to a cardiac surgery centre.

Cardiac surgery performed in a highly unstable patient confirmed the presence of a myocardial abscess perforated both in the left ventricle and the pericardial cavity. Despite a mitral replacement and a patch on the left ventricle, the patient died a few hours after surgery. All blood cultures as well as native mitral valve and pericardial fluid grew methicillin-sensitive Staphylococcus aureus.

Discussion

We report a fatal septic shock due to a mitral endocarditis revealed by a myocardial abscess fistulised toward the pericardial cavity in a 66-year-old female without previously known cardiac or valvular disease. Even if Staphylococcocus aureus is the leading cause of infective endocarditis [1,2], a fortiori in a nosocomial or health care associated context [3], several points should be discussed.

Firstly, the diagnosis of infective endocarditis was unexpected a few days after a planned abdominal surgery in a patient without valvular disease, and no obvious portal of entry was retrieved in our patient. It is well known that a portal of entry is not retrieved in almost 25% of infective endocarditis, especially in Staphylococcal endocarditis [4].

Secondly, the TTE performed at admission did not reveal any valvulopathy nor vegetation despite good image quality.

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