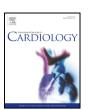
International Journal of Cardiology xxx (2017) xxx-xxx



Contents lists available at ScienceDirect

International Journal of Cardiology

journal homepage: www.elsevier.com/locate/ijcard



Patent Ductus Arteriosus closure in preterms less than 2 kg: Surgery

versus transcatheter☆

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ARTICLE INFO

10 Article history:

- 11 Received 18 March 2017
- 12 Received in revised form 23 July 2017
- 13 Accepted 5 October 2017
- 14 Available online xxxx

 18 _____

Keywords:

- 38 Patent Ductus Arteriosus
- 39 Percutaneous
- 40 Surgery
- 41 Infant

ABSTRACT

Background: As new devices come into the market, percutaneous techniques improve and interventionalists 20 become more experienced; percutaneous closure gets more common in preterms. In this study we aimed to 21 compare efficacy and safety of Patent Ductus Arteriosus closure surgically versus transcatheter method in 22 preterms <2 kg. Best of our knowledge this study is the first one that compares outcomes of surgery and 23 percutaneous Patent Ductus Arteriosus closure in preterms.

Methods & results: Between the dates July 1997 to October 2014 in our center Patent Ductus Arteriosus of 26 25 patients <2 kg were closed percutaneously (Group A) and 31 less than 2 kg operated (Group B). Weight of 26 patients in percutaneous Patent Ductus Arteriosus closure group was significantly more than the surgery 27 group. Mean gestational age of the patients in Group A was 30 ± 1.8 weeks, in group B was 28.6 ± 3.5 weeks. 28 In group A; all cases were closed successfully except 4 cases: device embolization in 2, cardiac tamponade and 29 iatrogenic aortic coarctation were seen. Pneumomediastinum and chylothorax were the major complications 30 of the surgery group. There was no statistically significance between complication and success rates between 31 two groups.

Conclusion: Percutaneous Patent Ductus Arteriosus closure is the candidate for taking the place of surgery in 33 preterms. However, it is not applied routinely; can only be done in fully equipped large centers by experienced 34 interventionalists.

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1. Introduction

Symptomatic patients who have Patent Ductus Arteriosus (PDA) should be treated as soon as possible, but the treatment method in preterm infants is a highly controversial topic. Surgical ligation is used for the definitive treatment if medical treatment fails [1,2]. However, in recent years, new devices have come onto the market, percutaneous techniques have improved and interventionalists have become more experienced, which have all led to percutaneous PDA closure gets more common in preterms.

In this study, we aimed to compare the success rate, complications in preterms weighing <2 kg whose PDA was closed surgically versus percutaneously.

outcomes of surgery and percutaneous PDA closure in preterms. 59

To the best of our knowledge, this study is the first to compare the 58

2. Patients and methods

2.1. Patient population

From March 2012 to April 2016, transcatheter PDA closure was attempted in 26 patients 62 weighing <2 kg in our center. Within this period, only 31 patients weighing <2 kg were 63 operated on for PDA. The study was approved by the local research ethics committee. 64

The data of all patients were reviewed retrospectively. A comparison was made 65 between the data from patients whose PDA were closed percutaneously (Group A) and 66 surgically (Group B).

The main inclusion criteria for patients regarding PDA closure (transcatheter or surgical) 68 were: 1) patients who were symptomatic, required intensive care because of the complications of prematurity; 2) patients in whom PDA was thought to be a possible contributor to 70 the medical state of the patient by the consulting neonatologist; 3) patients whose left chambers were enlarged, 4) significant left to right shunt was detected by echocardiography; and 72 persistence of PDA after medical closure.

The main exclusion criteria were: 1) to be asymptomatic; 2) to weigh <2 kg; 3) to 74 have bleeding diathesis; and 4) to have sepsis. The decision regarding the way of closure 75 (whether transcatheter or surgical) was made according to the size and shape of the 76 PDA. Large window types were usually referred to surgery. Also, the decision-making 77

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https://doi.org/10.1016/j.ijcard.2017.10.020

0167-5273/© 2017 Published by Elsevier Ireland Ltd.

[☆] All authors take responsibility for all aspects of the reliability and freedom from bias of the data presented and their discussed interpretation.

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process has changed over time. In earlier days, when we did not have enough experience in transcatheter closure and before the new devices came into the market, we used to perform surgery most often. Nowadays, as we have gained more experience and with the use of improved devices, we prefer transcatheter closure in suitable cases.

Patent Ductus Arteriosus shape and diameter were assessed with aortogram. However, angiography was not done routinely in cases that surgery was planned. Therefore, in such cases, the PDA size and shape were determined by transthoracic echocardiography (TTE).

The following patient characteristics were recorded: age, weight, sex, non-cardiac medical problems, gestational week, duration of hospitalization, and complications in both groups. The duration of mechanical ventilation, procedure time, fluoroscopy duration, and radiation dosage were also recorded in the percutaneous group.

Physical examination, chest radiography, electrocardiography, and TTE were done before each procedure. All the parents were informed about the procedure and its complications, and written consent was obtained before the procedure.

2.2. Procedure

2.2.1. Percutaneous closure and catheterization

Cardiac catheterization was performed under sedation and local anesthesia. Access to a femoral artery was obtained using the Seldinger technique; in some patients, the femoral vein or umbilical vein was used. We did not have routine arterial access in all patients. In recent years, as the devices were improved and as we obtained more experience, only venous access was used. According to the age and weight of the patient, size of sheath differed. All patients were heparinized after the insertion of sheaths. The ones who had arterial sheath were heparinized 100 IU/kg, the ones who only had venous sheath were heparinized 50 IU/kg. The activated clotting time (ACT) was maintained at >250 s during the procedure with iv heparin. Therefore, when the duration of procedure gets longer we check ACT and additional heparin dosages are applied in order to keep ACT > 250 s. Following heparinization and a dose of intravenous antibiotics, angiography was performed. Hemodynamic evaluations (ratio of pulmonary to systemic blood flow (Qp/Qs) and pressure recordings) were not done in all patients because all patients were premature and we wanted to keep the procedure time to a minimum.

Angiography was performed in descending aorta using pigtail catheter (Merit Medical, South Jordan, UT), typically using Right Anterior Oblique and lateral projections to profile PDA. Aortography was performed to determine the morphology and size of ductus. In patients without arterial access, we performed aortography after passing through PDA from the pulmonary artery to aorta. According to morphology, ducti were categorized according to Kritchenko et al. [3] classification. The width of aortic, pulmonary sides and length of ductus were measured and appropriate device with appropriate size was chosen. The main types of devices used in our study for percutaneous PDA closure were Amplatzer Ductal Occluders (ADO) (St. Jude Medical, St. Paul, MN). As time progressed during the study period, technology improved new versions of ADO were produced, such as the ADO II and ADO II-Additional size (AS) was used for small ducts as well. The ADO diameter is about 1-1.5 mm larger than the diameter of the narrowest point of the duct. The PDA was closed from the pulmonary or aortic side using the Amplatzer $^{\text{TM}}$ TorqVue™ 90° Curve LP (St. Jude Medical, St. Paul, MN) delivery system for all ADO II AS device and Amplatzer™ TorqVue™ 180° Curve (St. Jude Medical, St. Paul, MN) delivery system for ADO 1 device. The stability of the device was assessed by gentle pulling and pushing of the delivery cable. Correct positioning of the device was confirmed by radiocontrast injection through the delivery sheath prior to device release. Angiography was repeated after the device was released to evaluate the presence of residual shunts. After implantation of device, it was checked as to whether there was a pressure gradient on pullback from the ascending aorta to the descending aorta to exclude the presence of an obstruction on aortic side. In patients without arterial access, pressure gradient on aortic side was checked by TTE.

Transthoracic Echocardiography was performed to determine whether there was an obstruction of the left pulmonary artery (LPA) and descending aorta immediately after implantation. Follow-up echocardiography was performed on the next day, then 1, 3, 6 months after implantation and yearly thereafter. At each follow-up visit, complications related to ADO implantation were noted.

2.2.2. Surgery

PDA ligation was performed in the operating room. Post-operative follow-up was done by the neonatal intensive care specialist. The ductus was identified and ligated with two strands of 2–0 silk or 3–0 Ticron (Sherwood, Davis & Geck, St. Louis, MO, USA). Hemoclips were used in two patients. A 8–10 French chest tube was inserted routinely in all cases.

144 2.3. Statistical analysis

SPSS for Windows 15.0 program was used for statistical analysis. Distribution of variables was determined using the Shapiro–Wilkstest. Data are expressed as a frequency or percentage for nominal variables, as the median (25th–75th quartile) for categorical variables and as the mean \pm SD for continous variables. In all statistical analyses, values of p < 0.05 were considered to be significant.

3. Results

In the percutaneous group: 10 (38.5%) of 26 patients were female 151 and 16 (61.5%) were male. In the surgery group, 11 (35.5%) of the patients were male and 20 (64.5%) were female. The mean patient age 153 was 27.6 ± 17.9 days in Group A and 31.3 ± 13 days in Group B. The 154 median weight of the patients in Group A was 1455 g (967–1770 g), 155 in Group B was 1254 g (920–1755 g) (Tables 1 and 2).

The mean PDA diameter in the percutaneous group was 2 \pm 0.62 mm 157 and 2.9 \pm 0.49 mm in the surgery group (Table 1). 158

There were no associated heart defects in the percutaneous group; 159 however, 9.6% of patients (n:3) in Group B had additional heart problems like a ventricular septal defect (VSD), atrial septal defect (ASD), 161 or bicuspid aortic valve (BAV). These additional heart defects did not require surgery: VSD was muscular and hemodynamically stable, ASD was 163 7 mm in size, and there was no aortic insufficiency in patient with BAV. 164 Patients who had other cardiac surgical procedures were excluded from 165 the study.

In the percutaneous group, the morphology of PDA was assessed angiographically; 11 of them were Type A and 15 of them were Type C. The 168
types of devices used were: ADO I in 1 patient and ADO II - AS in 25 patients. In the surgery group, we did not perform morphological classification since we did not perform angiography in these cases routinely. 171
The vascular routes used were: umbilical vein in 2 patients, femoral 172
vein in 16, both femoral vein and artery in 8 patients. We performed closure from a femoral venous access in 24 patients, and in 2 patients from 174
umbilical vein, We did not use arterial site for closure as this was usually 175
used for control angiograms. We did not obtain femoral arterial access 176
in 18 patients, which may explain why we did not face with clinical vascular complications. The size of sheaths that we used for venous sites 178
was 4 F in 14, 5 F in 8, 6 F in 1, and 3 F in 3 patients. For arterial sites, 179
5 patients had 4 F, 1 had 5 F, and 2 had a 3 F sized sheath. 180

The mean procedure time was: 39.3 ± 10.9 min, the mean scopy 181 duration was 15.19 ± 6.46 min, and the mean radiation dosage was 182 267 ± 17.8 cGy/cm² (Table 3). The mean amount of contrast used in 183 the percutaneous group was 1.96 ± 0.915 ml. 184

There was no statistically significance between two groups in terms 185 of age, defect size. Only weight of patients in percutaneous Patent 186 Ductus Arteriosus closure group was significantly more than the surgery 187 group (p=0.004). The mean gestational age of patients in the 188 percutaneous group was 28.3 ± 2.8 weeks and in the surgery group 189 was 28.8 ± 3.46 weeks (Table 4).

In the percutaneous group; all PDA were closed successfully in the 191 percutaneous group except 4 cases. Major complications are catego- 192 rized into 3 groups: a) device embolizations: two had large PDA 193 4 mm and 3 mm in width. In the patient with 3 mm PDA, 4×2 mm 194 ADO II - AS device had been used. Then the device embolized to LPA. 195 24 h after implantation. The embolized device was captured with a 196 snare catheter and withdrawn. Then, 4×4 mm ADO II - AS device 197 was delivered percutaneously. We had no other problems in 12-198 months follow-up interval. In another patient, 4 mm PDA was closed 199 with 6×6 mm ADO II - AS device; however, it embolized to the pulmo- 200 nary artery. Therefore, the patient was referred to surgery and PDA liga-201 tion was done. **b)** cardiac tamponade: during device implantation, TTE 202 was performed. In one patient, we recognized a pericardial effusion be- 203 fore the delivery of the device. As it was increasing, there was a risk of 204 cardiac tamponade and we called the surgeons for evaluation. The sur- 205 geons determined that there was a right atrial perforation. They fixed it 206 and PDA ligation was done. c) iatrogenic aortic coarctation: the discs of 207 the ADOII-AS are not large, so risk of aorta and pulmonary artery closure 208 are small; still, iatrogenic aortic coarctation occurred in one patient. The 209 device was removed surgically and the PDA was ligated.

No major complications like procedure - related death, clinical vas- 211 cular complications, hemolysis, thromboembolism, or infective endo- 212 carditis were reported during the study period. There were minor 213 complications such as device-related left pulmonary stenosis in 2 214

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