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EXPERT CONSENSUS DECISION PATHWAY

2017 ACC Expert Consensus Decision Pathway on the Management of Mitral Regurgitation

A Report of the American College of Cardiology Task Force on Expert Consensus Decision Pathways

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ABSTRACT

Mitral regurgitation (MR) is a complex valve lesion that can pose significant management challenges for the cardiovascular clinician. This Expert Consensus Document emphasizes that recognition of MR should prompt an assessment of its etiology, mechanism, and severity, as well as indications for treatment. A structured approach to evaluation based on clinical findings, precise echocardiographic imaging, and when necessary, adjunctive testing, can help clarify decision making. Treatment goals include timely intervention by an experienced heart team to prevent left ventricular dysfunction, heart failure, reduced quality of life, and premature death.

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2

TABLE OF CONTENTS

PREFACE■	6.4.6. Prognosis in MR Table 3. Factors Affecting Prognosis in Primary MR
1. INTRODUCTION	Fillidiy Wik
2. METHODS	7. TREATMENT OF CHRONIC MR
2.110.110.110.110.110.110.110.110.110.11	7.1. General Considerations ■
3. ASSUMPTIONS AND DEFINITIONS	7.2. Surgical Treatment of MR ■
	7.2.1. Feasibility of Surgical Repair
4. CENTRAL ILLUSTRATION	Figure 9. Decision Tree for Determining Surgical Mitral Valve Repair Versus Replacement in
Figure 1. Pathway for Management of MR	Patients With Severe MR ■ Table 4. Pathoanatomically Directed
5. DESCRIPTION AND RATIONALE	Contemporary Surgical Techniques for Mitral Regurgitation
6. EVALUATION OF THE PATIENT	Table 5. Feasibility of Surgical Mitral Valve Repair
6.1. History and Physical Examination ■	Figure 10. Examples of Valve Morphology Amenable to Surgical Repair in Patients With
6.2. Hemodynamic Effects of MR ■	Primary MR
6.3. Determining the Mechanism and Etiology of MR $$. \blacksquare	7.2.2. Determination of Risk for Surgery ■
Figure 2. Decision Tree for Distinguishing Primary From Secondary MR ■	7.3. Transcatheter Treatment of Mitral Regurgitation . ■
Table 1. Suggested Qualitative and Quantitative Parameters for Standardized Echo Reporting	7.3.1. Edge-to-Edge Leaflet Coaptation
Figure 3. Anterior Leaflet Override in Functional MR	Figure 12. Algorithm for Determining Eligibility for Transcatheter Edge-to-Edge Mitral Valve Clip
6.3.1. Spectrum of Functional MR	Table 6. Feasibility of Transcatheter Edge-to-Edge Clip Repair
6.4. Assessment of MR Severity	Figure 13. Transcatheter Edge-to-Edge
6.4.1. CFD Jet Size	Mitral Valve Clip ■
Figure 4. Effect of Driving Velocity on Size and Penetration of Color Doppler MR Jet	8. DISCUSSION AND INTENDED USE OF PATHWAY
6.4.2. Quantitative Parameters ■ Figure 5. MR Limited to Late Systole in	8.1. Key Points
Mitral Valve Prolapse ■ Figure 6. Example of Underestimation of EROA	ACC PRESIDENT AND STAFF■
by 2D PISA in a Patient With Secondary MR and a Markedly Crescentic Orifice Shape	REFERENCES
6.4.3. Integration of Multiple Parameters ■	APPENDIX 1
Figure 7. Decision Tree for Assessing Severity of Chronic MR by TTE	Author Relationships With Industry and
Table 2. Strengths and Limitations of Common	Other Entities (Relevant)
Echocardiographic Parameters of MR Severity ■ Figure 8. Clinical Algorithm for the	APPENDIX 2
Management of Chronic MR Based on TTE ■	Peer Reviewer Information
6.4.4. Dynamic Nature of MR	APPENDIX 3
6.4.5. Differences in Assessing MR Severity in Primary Versus Secondary MR ■	Abbreviations

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