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ACCEPTED MANUSCRIPT

Effect of vitamin D supplementation on blood pressure parameters in patients

with vitamin D deficiency: a systematic review and meta-analysis

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Abstract

Objective

Evidence suggests that supplementation of vitamin D can not decrease blood pressure

in normal populations. However, in randomized controlled trials (RCTs) with vitamin

D deficient participants (defined as baseline serum 25(OH) D levels < 30ng/ml or

50nmol/L), this effect is inconsistent and under debate. Thus, We performed this

systematic review and meta-analysis to evaluate whether vitamin D supplementation

could affect blood pressure parameters in vitamin D deficient subjects.

Methods The PubMed, Web of Science, Science Direct, and Cochrane library

databases were searched. Extracted data were pooled as weighted mean differences

(WMDs) with 95% confidence intervals (CIs) to evaluate the effects. Subgroup

analysis was further conducted according to the characteristics of included studies.

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