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The effect of daily fortified yogurt consumption on weight loss in adults with metabolic syndrome: a 10-week randomized controlled trial

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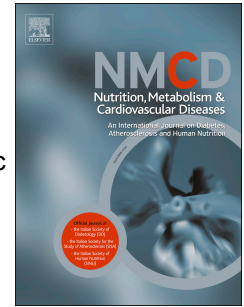
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15 **Running title:** Effect of fortified yogurt on weight loss in adults

16 **Conflict of interest:** The authors have no conflicts of interest.

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