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VDR and GC gene polymorphisms modulate the risk of lumbar disc degeneration in

Iran

Running Title: VDR and GC gene polymorphism in Lumbar Disc Degeneration

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Highlights:

- *VDR and GC* polymorphism were genotyped for 180 patients with LDD and 230 controls by PCR-RFLP.
- *VDR* AA homozygous genotype is associated with the increased risk of LDD.
- The minor allele of GC rs7041 is associated with a decreased risk of LDD.

Abstract

Objective: Lumbar disc degeneration (LDD) occurs commonly in humans. Vitamin D metabolic and signaling pathway plays a significant role in intervertebral disc degeneration. The aim of this study was to evaluate the influence of the genetic polymorphism in the two key genes of 1,25-(OH)₂-D₃ pathway, *VDR* (vitamin D receptor) and *GC* (group-specific

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