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Clinical and Electrographic Features of Sunflower Syndrome

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Highlights

- Self-induced seizures in photosensitive patients are difficult to treat.
- Typical patients are school-aged and often have cognitive/attention difficulties.
- Seizures consist of eyelid myoclonia +/- absence; 50% have spontaneous seizures.
- Consider valproate or polypharmacy early; avoid levetiracetam monotherapy.
- Counsel on trigger avoidance. Measure treatment response with EEGs done outside.

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