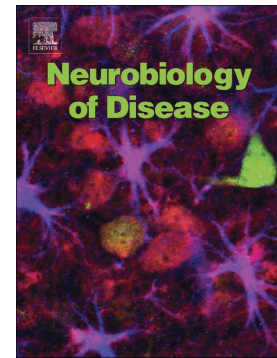


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**Plasma  $\alpha$ -synuclein and cognitive impairment in the Parkinson's Associated Risk Syndrome: A pilot study**

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**Highlight:**

- Increased total  $\alpha$ -syn in individuals predicted progression of cognitive decline.
- Longitudinal decreased exosomal  $\alpha$ -syn predicted worsening cognitive scores.
- Decreased exosomal to total  $\alpha$ -syn ratio was associated with faster DAT progression.
- Altered plasma total and exosomal  $\alpha$ -syn likely indicate progression in prodromal PD.

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