Accepted Manuscript

Effects of sleep changes on pain-related health outcomes in the general population: A systematic review of longitudinal studies with exploratory meta-analysis

Esther F. Afolalu, Fatanah Ramlee, Nicole K.Y. Tang

PII: \$1087-0792(17)30088-6

DOI: 10.1016/j.smrv.2017.08.001

Reference: YSMRV 1054

To appear in: Sleep Medicine Reviews

Received Date: 28 April 2017
Revised Date: 4 August 2017
Accepted Date: 9 August 2017

Please cite this article as: Afolalu EF, Ramlee F, Tang NKY, Effects of sleep changes on pain-related health outcomes in the general population: A systematic review of longitudinal studies with exploratory meta-analysis, *Sleep Medicine Reviews* (2017), doi: 10.1016/j.smrv.2017.08.001.

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ACCEPTED MANUSCRIPT

Sleep Medicine Reviews

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Esther F. Afolalu¹, Fatanah Ramlee^{1,2}, and Nicole K. Y. Tang¹

¹Department of Psychology, University of Warwick, UK

²Department of Psychology and Counselling, Sultan Idris Education University, Malaysia

Corresponding authors:

Esther F. Afolalu (till December 2017)

Department of Psychology University of Warwick Coventry, CV4 7AL United Kingdom

Tel: +44 (0) 24 765 28294

E-mail: e.f.afolalu@warwick.ac.uk

Nicole K. Y. Tang (from December 2017)

Department of Psychology University of Warwick Coventry, CV4 7AL United Kingdom

Tel: +44 (0) 24 765 50556

E-mail: n.tang@warwick.ac.uk

Acknowledgments: Sarina Afzalishamsabad, Natasha Kwok, and Preeya Chibbra for their assistance with screening and eligibility assessment.

Conflicts of interest: NT's research is supported by the National Institute for Health Research, UK. (Grant reference number: PB-PG-0213-30121). This paper presents independent research funded by the NIHR under its Research for Patient Benefit (RfPB) Programme (Grant Reference Number PB-PG-0213-30121). The views expressed are those of the author(s) and not necessarily those of the NHS, the NIHR or the Department of Health.

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