

Accepted Manuscript

A systematic review and meta-analysis of placebo versus no treatment for insomnia symptoms

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PII: S1087-0792(17)30079-5

DOI: [10.1016/j.smrv.2017.03.006](https://doi.org/10.1016/j.smrv.2017.03.006)

Reference: YSMRV 1027

To appear in: *Sleep Medicine Reviews*

Received Date: 30 September 2016

Revised Date: 20 February 2017

Accepted Date: 27 March 2017

Please cite this article as: Chung VYS, Sharpe L, Glozier N, Hackett ML, Colagiuri B, A systematic review and meta-analysis of placebo versus no treatment for insomnia symptoms, *Sleep Medicine Reviews* (2017), doi: 10.1016/j.smrv.2017.03.006.

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Words: 6,700

Tables: 4

Figures: 2

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for insomnia symptoms.**

Running Head: Placebo effect size for insomnia symptoms

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Acknowledgements: This research was supported by an Australian Research Council Discovery Project (DP150104026) and an Australian Research Council Discovery Early Career Research Award (DE160100864). The authors have no conflicts of interest.

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