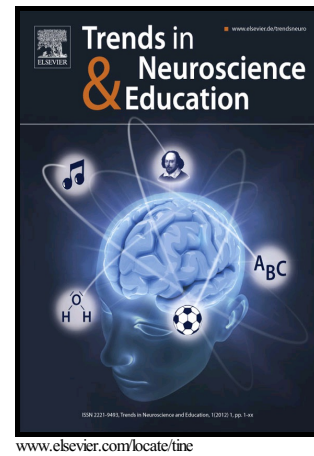


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## Chronic effects of exercise implemented during school-break time on neurophysiological indices of inhibitory control in adolescents

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### Abstract

The present study investigated the effects of an exercise intervention, which was implemented during school-break time, on the P300 component of event-related potentials and inhibitory control. Adolescents aged 12-15 years were allocated to an exercise and

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