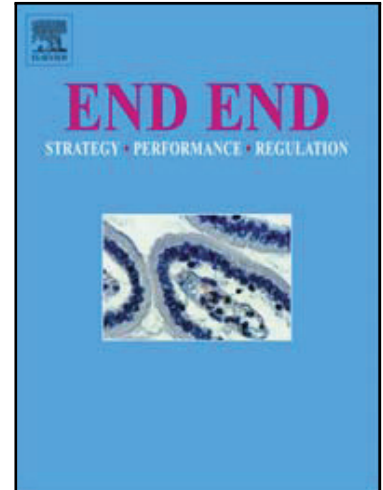


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Clinical Research

Acupuncture-moxibustion therapy of "banking up original *qi* and consolidating the foundation" for prevention and treatment of seasonal allergic rhinitis: a randomized controlled trial*

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ABSTRACT

Objective To observe the clinical efficacy of acupuncture-moxibustion therapy of "banking up original *qi* and consolidating the foundation" for prevention and treatment of seasonal allergic rhinitis. **Methods** Sixty included patients were divided into two groups according to the random number table method with 30 patients in each group. In acupuncture group, warming-needle moxibustion was carried out at Zúsānlǐ (足三里 ST 36), and cone moxibustion on Fùzǐ (附子 *Radix Aconiti Lateralis Praeparata*) cake was conducted at Guānyuán (关元 CV 4), Qìhǎi (气海 CV 6) and Dàzhūī (大椎 GV 14). The treatment was conducted in May or June (2 months before the onset of rhinitis in this area). The treatment was carried out for once every other day and three times per week. Treatment for 24 times was considered as 1 course of treatment. No intervention treatment was conducted in control group. The score of rhinitis symptom, the visual analogue scale (VAS) score changes of total nasal symptom score (TNSS) and total non nasal symptom score (TNNSS) of patients in 2015 and in 2016 were observed, and the clinical efficacy of the two groups was compared. **Results**

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