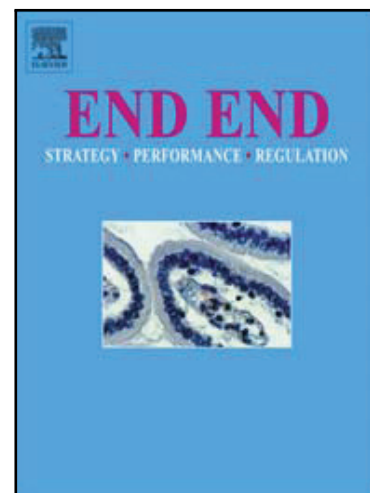


## Accepted Manuscript

The treatment of urinary retention of neurogenic bladder of one patient with diabetes from the perspective of governor vessel: a case report

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## Case Report

**The treatment of urinary retention of neurogenic bladder of one patient with diabetes from the perspective of governor vessel: a case report**

从督脉论治神经原性膀胱尿储留验案一例

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**ABSTRACT Objective** To report the clinical effect of traditional acupuncture and moxibustion in the treatment of neurogenic bladder. **Methods** A single case of a 57-year-old female with neurogenic bladder retention of urine considering governor vessel in the use of acupuncture and moxibustion. Acupoints selected: Shènshū (肾俞 BL 23), Pánguāngshū (膀胱俞 BL 28), Yāoyángguān (腰阳关 GV 3), Míngmén (命门 GV 4). Moxibustion was applied on Guānyuán (关元 CV4) at the same time. **Results** After 6 times of treatment, the patient's urination function return to normal, avoid the adverse effect of retention catheterization. **Conclusion** It is suggested that the combination of acupuncture and moxibustion, and the integration of syndrome differentiation and disease differentiation can effectively treat retention of urine due to neurogenic bladder of patient with diabetes.

**KEY WORDS** acupuncture and moxibustion; governor vessel; urinary retention; neurogenic bladder; spinal cord lesions

Neurogenic bladder refers to bladder and urethral dysfunction caused by spinal cord or lumbar spine diseases, diabetes mellitus, operation and so on, resulting in spinal cord or nerve lesions and thus urine retains in the bladder<sup>[1]</sup>. It is mainly manifested by failure of spontaneous urination and lower abdominal pain and distension, severely affecting patients' work and life. At present, it is mainly treated by urine catheterization and urethral surgery<sup>[2]</sup>. However, long-term urine catheterization can cause urinary tract infection and other side effects, while surgery has great impacts on patients' physical and mental life. Recently, we treated a patient with neurogenic bladder in the acupuncture and moxibustion department of our hospital by using acupuncture and moxibustion, which showed satisfactory effects. Now we will report the case as follows.

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